FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours por rosponso:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Shefferman Jesse					2. Issuer Name and Ticker or Trading Symbol Protara Therapeutics, Inc. [TARA]							Relationship of Reporting Person (Check all applicable) X Director				on(s) to Issu 10% Ow			
(Last) (First) (Middle) C/O PROTARA THERAPEUTICS, INC. 345 PARK AVENUE SOUTH, 3RD FLOOR					3. Date of Earliest Transaction (Month/Day/Year) 01/03/2022						X	Officer (give title below) CEO and President				pecify			
(Street) NEW YORK NY 10010					4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Ind Line) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Trans Date				. Transact	action 2A. Deemed Execution Date if any (Month/Day/Yea		ed Date,	3. 4. Securit Transaction Disposed Code (Instr.		ities Acquired (A) or d Of (D) (Instr. 3, 4 an		or	5. Amoun	s For ally (D) ollowing (I) (: Direct Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership		
				01/02/2				Code	v	Amount	(D)		rice	Transacti (Instr. 3 a	tion(s) and 4)			(Instr. 4)	
Common	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code	Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)		Date Exercisabl		xpiration ate	Title	Amor or Numl of Sh	ber		Transaction(s) (Instr. 4))		
Stock Option (Right to Buy)	\$6.9	01/03/2022		A		253,500		(2)	01/02/2032 Common Stock		253,	,500	\$0.00	253,500		D			

Explanation of Responses:

- 1. The shares being reported are being issued pursuant to restricted stock unit awards (RSUs), each of which represents a contingent right to receive one share of Issuer's common stock. The RSUs vest in equal one-third installments on the first, second and third anniversaries of January 3, 2022.
- 2. 25% of the shares vest on the one year anniversary of January 3, 2022 and 1/48th of the shares vest monthly thereafter over the next three years, subject to the Reporting Person's continuous service with the Issuer as of each such date.

Remarks:

Jesse Shefferman, Attorney-in-

Fact

** Signature of Reporting Person

Date

01/05/2022

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.