SEC For	m 4																	
	FORM	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549														OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			STA		RSHIP		Numbe ated av per res	erage burder	3235-0287 1 0.5									
1. Name and Address of Reporting Person [*] Shefferman Jesse					or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol <u>Protara Therapeutics, Inc.</u> [TARA]								ck all application	able)	Reporting Person(s) to Issuer le) 10% Owner			
(Last) (First) (Middle) C/O PROTARA THERAPEUTICS, INC.					3. Date of Earliest Transaction (Month/Day/Year) 01/19/2023								- ,	X Officer (give title Other (specil below) below) CEO and President				specify
345 PARK AVENUE SOUTH, 3RD FLOOR (Street) NEW YORK NY 10010					4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	X Form filed by One Reporting Person Form filed by More than One Reporting				1
(City)	(S	State)	(Zip)	Daniu	41.00	C a a uniti a	- •		Die			Dama	ficiolly	Person				
Date				2. Transa	ction 2A. Deemed Execution Date,		3. Transaction Di Code (Instr.		4. Securi	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		(A) or	or 5. Amour 4 and 5) Securitie: Beneficia Owned F		Form	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount		(A) or (D)	Price	Transacti	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
				01/19/			Α			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		\$0.00	,			D		
			Table II -			ecurities alls, warı								Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Co	nsactio de (Insti	n Derivativ r. Securitie Acquired or Dispo of (D) (Ir	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisat Expiration Date (Month/Day/Year)		of Securities		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti	e s ally g	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Co	de V	(A)	(D)	Date Exercisat		Expiration Date	Title	0 N	mount r umber f Shares		(Instr. 4)	1011(3)		
Stock Option (Right to Buy)	\$3.02	01/19/2023		А		307,500		(2)	0	01/18/2033	Comr Stor		07,500	\$0.00	307,50	00	D	

Explanation of Responses:

1. The shares being reported are being issued pursuant to restricted stock unit awards (RSUs), each of which represents a contingent right to receive one share of Issuer's common stock. The RSUs vest in equal one-third installments on the first, second and third anniversaries of January 19, 2023.

2. 25% of the shares vest on the one year anniversary of January 19, 2023 and 1/48th of the shares vest monthly thereafter over the next three years, subject to the Reporting Person's continuous service with the Issuer as of each such date.

s/ Mary Grendell, Attorney-In-	01/20/2023			
Fact	01/20/2023			

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.